

HOURS OF OPERATION

	DOWNTOWN Y	NORTH SHORE Y	SOUTHWEST Y
Monday - Friday	5:30 am to 10:00 pm	6:00 am to 9:00 pm	8:30 am to 4:30 pm
Saturday	7:00 am to 8:00 pm	8:30 am to 5:30 pm	Closed
Sunday	8:00 am to 8:00 pm	10:00 am to 2:00 pm (Oct. 4-May 16)	Closed
Statutory Holidays	10:00 am to 5:00 pm	Closed	Closed
Address	400 Battle Street	Northhills Shopping Centre 700 Tranquille Road	Unit E, 1420 Hugh Allan Dr.
Phone Number	250-372-7725	250-554-9622	250-372-7791

WHAT DOES YOUR Y MEMBERSHIP INCLUDE?

- ☆ A group orientation to our fitness equipment
- ☆ Over 70 group fitness classes
- ☆ Full access to the Downtown Y including pool, hot tub, sauna and aquafit classes
- ☆ Full access to the Northshore Y including private circuit room
- ☆ Expert fitness staff at each Y location
- ☆ Reduced fees for specialty programs
- ☆ Reduced playcare fees when you work out.

REGISTER NOW!

In person or by phone:

Downtown Y • 250-372-7725

Northshore Y • 250-554-9622

Southwest Y • 250-372-7791

ASSISTED MEMBERSHIP:

The Kamloops Community YMCA-YWCA strives to serve all segments of our community. No-one is denied access to any Y program or service because of the inability to pay the full fee. Within our available resources, every effort will be made to accommodate individuals and families that are unable to pay. The Y is committed to ensuring that everyone has the opportunity to benefit from the Y experience. If you need assistance, please contact the Y.

- We reserve the right to change schedules.
- Fees subject to applicable taxes.

MEMBERSHIP FEES

Monthly payment for annual membership PAP plan (gst extra)

Adult Membership	19 yrs +	\$45.00
Senior Membership	65 yrs +	\$33.75
Adult Student Membership*	19 yrs +	\$33.75
Youth Membership	12-18 yrs	\$29.25
Child Membership	0-11 yrs.	\$22.50
Family Membership**		\$90.00

* Adult student memberships are available to full-time college/university students upon presentation of current student card from a recognized institution.

**A family is defined as 2 adults (married or common-law) and their dependents, all residing at the same address. The first member must be an adult. All children and dependent students must reside with their parent.

FACILITY DROP-IN FEES

Applicable Prices Includes GST	Swim 10 Visit Punch Card	Drop-In Swim	Day Pass
Adult	\$50.00	\$5.00	\$10.00
Senior	\$25.00	\$2.50	\$5.00
Adult Student	\$32.50	\$3.25	\$6.50
Youth	\$32.50	\$3.25	\$6.50
Child	\$25.00	\$2.50	\$5.00
Preschool	\$20.00	\$2.00	\$4.00

* Family swim pricing available from Member Services' Desk. Picture ID is required when purchasing Day Passes for ages 13 yrs+.

* Adult student rates are available to full-time college/university students upon presentation of current student card from a recognized institution.