

	<b>DOWNTOWN Y</b>	<b>NORTH SHORE Y</b>	<b>SOUTHWEST Y</b>
<b>Monday - Friday</b>	5:30 am to 10:00 pm	6:00 am to 9:00 pm	8:30 am to 4:30 pm
<b>Saturday</b>	7:00 am to 8:00 pm	8:30 am to 5:30 pm	Closed
<b>Sunday</b>	8:00 am to 8:00 pm	10:00 am to 2:00 pm (Oct. 5 - May 15)	Closed
<b>Statutory Holidays</b>	10:00 am to 5:00 pm	Closed	Closed
<b>Address</b>	400 Battle Street	Northhills Shopping Centre 700 Tranquille Road	Unit E, 1420 Hugh Allan Dr.
<b>Phone Number</b>	<b>250-372-7725</b>	<b>250-554-9622</b>	<b>250-372-7791</b>

## What Does Your Membership Include?

- ☆ A group orientation to our fitness equipment
- ☆ Over 70 group fitness classes
- ☆ Full access to the Downtown Y including pool, hot tub, sauna and aquafit classes
- ☆ Full access to the Northshore Y including private circuit room
- ☆ Expert fitness staff at each Y location
- ☆ Reduced fees for specialty programs
- ☆ Reduced playcare fees when you work out.

### MEMBERSHIP FEES

*Monthly payment for annual membership PAP plan*

<b>Adult Membership</b>	19 yrs +	\$45.00
<b>Senior Membership</b>	65 yrs +	\$33.75
<b>Adult Student Membership*</b>	19 yrs +	\$33.75
<b>Youth Membership</b>	12-18 yrs	\$29.25
<b>Child Membership</b>	0-11 yrs.	\$22.50
<b>Family Membership**</b>		\$90.00

\* Adult student memberships are available to full-time college/university students upon presentation of current student card from a recognized institution.

\*\*A family is defined as 2 adults (married or common-law) and their dependents, all residing at the same address. The first member must be an adult. All children and dependent students must reside with their parent.

## REGISTER NOW!

In person or by phone:

**Downtown Y • 250-372-7725**

**Northshore Y • 250-554-9622**

**Southwest Y • 250-372-7791**

### FACILITY DROP-IN FEES

Applicable Prices HST Extra	Swim 10 Visit Punch Card	Drop-In Swim	Day Pass
<b>Adult</b>	\$47.80	\$4.78	\$9.60
<b>Senior</b>	\$24.50	\$2.45	\$4.78
<b>Adult Student</b>	\$31.20	\$3.12	\$6.25
<b>Youth</b>	\$31.20	\$3.12	\$6.25
<b>Child (no HST)</b>	\$25.00	\$2.50	\$5.00

## ASSISTED MEMBERSHIP:

The Kamloops Community YMCA-YWCA strives to serve all segments of our community. No-one is denied access to any Y program or service because of the inability to pay the full fee. Within our available resources, every effort will be made to accommodate individuals and families that are unable to pay. The Y is committed to ensuring that everyone has the opportunity to benefit from the Y experience. If you need assistance, please contact the Y.

Playcare No HST	Drop in	12 punch card
	\$5.00	\$50.00

- We reserve the right to change schedules.
- Fees subject to applicable taxes.