Community Impact Report

2018

YMCA-YWCA of Kamloops
Our Y is a community of engaged and caring neighbours, supporting you on your journey to better health, personal safety and a sense of belonging. Every day at the Y, we witness people learning new skills, making new friends, getting healthier, finding support, feeling safe and giving back to community.

It is wonderful achievement and a powerful sight.

2018 we remained committed to being responsive, relevant and of service to our community, all which helped us to deliver positive impact to thousands of citizens. This past year we had the fortune to serve more than 18,500 people.

Now more than ever before, we recognize we have a responsibility and opportunity to address some urgent needs facing our community. Our strategic focus is on:

• **Building Community:** Where everyone has opportunity to be healthier and more engaged.

• **Engaging Others for Greater Impact:** People engage with, partner and support the Y because they share our values, believe in our mission and the impact of our action on the community.

• **Mobilize Resources and Leadership:** Our programs and services meet our mission and create positive change for people in our community.

• **Impacting Families:** Helping families to grow strong and vibrant, to reach their potential and to build a supportive and connected community.

The investment that the Y and our community makes in children, young people, families, adults and seniors has transformational impact on the lives of those we serve.

Thank you to our dedicated staff and volunteers, our partners and supporters and our donors and funders for believing that together we make a difference.
7,500 individuals attended the Child Care Resource & Referral and the Early Years Centre.

58 children were provided a safe place to be in our School Age Care while their parents were at work.

1,500 children learned to swim.

98 youth received support and tools to better cope with their anxiety through Y Mental Wellness Programs.

1,420 women and children sought shelter and support at the Y Women’s Emergency Shelter and accessed Outreach Services.

1,866 children and youth created memories, learned new skills and built confidence by participating in Child and Youth Programs.

184 youth were provided with career-developing opportunities to assist them with finding employment.

170 campers were physically active and made friends at Summer Day Camp.

1,866 people participated in our activities and services including 9500 kids and youth who achieved success and gained confidence.

1,900 participants who could not afford our activities and services saw their lives change thanks to financial assistance from the Kamloops Y totalling $270,000.

800 seniors stayed active and connected to their community.

1,500 improved their health and quality of life through exercise.

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Financials

Operations

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Revenue</td>
<td>$4,524</td>
<td>$4,466</td>
</tr>
<tr>
<td>Expense</td>
<td>4,663</td>
<td>4,318</td>
</tr>
<tr>
<td>Net</td>
<td>(139)</td>
<td>$148</td>
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</table>

Balance Sheet

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Assets</td>
<td>$2,052</td>
<td>$2,128</td>
</tr>
<tr>
<td>Capital Assets</td>
<td>1,589</td>
<td>1,643</td>
</tr>
<tr>
<td>Total Assets</td>
<td>$3,641</td>
<td>$3,771</td>
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<tr>
<td>Current Liabilities</td>
<td>$1,263</td>
<td>$1,157</td>
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<tr>
<td>Other Liabilities</td>
<td>135</td>
<td>232</td>
</tr>
<tr>
<td>Total Liabilities</td>
<td>1,398</td>
<td>1,389</td>
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<tr>
<td>Total Fund Balances</td>
<td>2,243</td>
<td>2,382</td>
</tr>
<tr>
<td>Total</td>
<td>$3,641</td>
<td>$3,771</td>
</tr>
</tbody>
</table>

(numbers in $1,000's taken from Year End Audited Statements as prepared by BDO)

Giving Back

641 donors impacted the lives of others through charitable gifts to the YMCA-YWCA.

$281,100 received in donations ensuring children and youth benefited from Y programs and services.

$270,000 awarded in YMCA-YWCA financial assistance to make our programs accessible to 1,900 individuals.

175 Volunteers = 10,000 hours of sharing their time and talents to our local Y.
OUR 2018 YMCA-YWCA TEAM

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