



**Kamloops
Community
YMCA-YWCA**

**YMCA
Employment
Opportunities**

Health and Fitness



Opportunities to learn, lead, and grow.

AQUAFITNESS INSTRUCTOR

Location: 400 Battle Street & 150 Wood Street

Compensation: Volunteer Y Membership

Schedule: 1 hr. + per week

Placement date: Ongoing

Job Description:

The Kamloops YMCA is looking for Aquafitness Instructors to join our team! Under the supervision of the Director(s) of Aquatics & Health & Fitness, our Aquafitness nstructors provide a welcoming environment to members and guests who make use of water based group fitness classes. Our Aquafitness Instructors lead a variety of water based classes including hydrofit, gentle fit and shallow shred. Must hold an Aquafitness Certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect and responsibility in all aspects of the position. Must be reliable and welcoming to new members attending our fitness clas-

Major Responsibilities and Abilities:

The Aquafitness Instructors will work one+ hour per week depending on desire and schedule, teaching water based classes. In exchange for one-hour per week of consistent volunteering you receive a YMCA Membership and invitation to our quarterly Continuing Education Workshops to maintain Fitness CEC Credits. We offer our team CPR/First Aid Renewals and a great atmosphere to work out and be part of a fitness team. Active volunteers will be invited to our Annual Fitness Fall Education Retreat.

Building healthy communities

YMCA/YWCA Employment Opportunities



Participates in active communication with Director(s) of Aquatics & Health and Fitness, staff and volunteers.

Applicant must work well with the public.

Strong interpersonal and communication skills.

Qualifications:

YMCA or approved Aquafitness Instructor Certification

CPR/First Aid or willingness to renew

Willingness to teach a variety of water based classes

Knowledge and Skills:

Inspire and make connections with fitness members to help keep them returning to group fitness classes.

Be a team player that can work effectively in a diverse environment to deliver safe and fun group fitness classes.

Commitment to Health and Safety of members.

Application Process:

Resumes can be submitted in person or by email ongoing to:

Deb Twemlow
Fitness Coordinator
400 Battle Street
Kamloops, BC V2C 2L7
deb.twemlow@kamloopsy.ca

Please include resume and a photocopy of current first aid and fitness certificates. Please be advised that only those applicants selected for an interview will be contacted.

** Please note that a criminal reference check will be submitted for review prior to starting employment.*

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