YMCA-YWCA Volunteer Opportunities

Health, Fitness & Aquatics

Opportunities to learn, lead, and grow.

Job Description:

The Kamloops YMCA-YWCA is looking for Aquafitness Instructors to join our team! Under the supervision of the Director(s) of Aquatics & Health & Fitness, our Aquafitness instructors provide a welcoming environment to members and guests who make use of water based group fitness classes. Our Aquafitness Instructors lead a variety of water based classes including Hydrofit, Gentle fit and Shallow Shred. You must hold a current Aquafitness Certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect, responsibility, and inclusivity in all aspects of the position. Must be reliable and welcoming to members.

Major Responsibilities and Abilities:

The Aquafitness Instructors will work one+ hour per week depending on desire and schedule, teaching water based classes. In exchange for one-hour per week of consistent volunteering you receive a YMCA-YWCA Membership and invitation to our quarterly continuing education workshops to maintain Fitness CEC Credits. We offer our team Emergency First Aid Renewals free of charge. The YMCA is a great atmosphere to work out and be part of a fitness team. Active volunteers will be invited to our Annual Fall Fitness Retreat.

Building healthy communities

Kamloops Community YMCA-YWCA
kamloopsy.ca

400 Battle Street, Kamloops BC
150 Wood Street, Kamloops BC
Participates in active communication with Director(s) of Aquatics & Health and Fitness, staff and volunteers. Applicant must work well with the public. Strong interpersonal and communication skills.

**Qualifications:**

- YMCA Aquafitness Instructor Certification (or equivalent)
- CPR-C / First Aid or willingness to obtain
- Willingness to teach a variety of water based classes
- Provide three character/professional references
- Adhere to the YMCA-YWCA Child Protection Policies and Procedures
- A satisfactory criminal record check must be received prior to starting volunteer position.

**Knowledge and Skills:**

Inspire and make connections with fitness members to help keep them returning to group fitness classes. Be a team player that can work effectively in a diverse environment to deliver safe and fun group fitness classes.

Commitment to Health and Safety of members.

**Application Process:**

Resumes can be submitted in person or by email ongoing to:

Deb Twemlow  
Fitness Coordinator  
400 Battle Street  
Kamloops, BC V2C 2L7  
deb.twemlow@kamloopsy.ca

Please include resume and a photocopy of current first aid and fitness certificates. Please be advised that only those applicants selected for an interview will be contacted.

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