



**Kamloops
Community
YMCA-YWCA**

YMCA-YWCA

Volunteer

**Employment
Opportunities**

**Health, Fitness &
Aquatics**



Opportunities to learn, lead, and grow.

AQUAFITNESS INSTRUCTOR

Location: 400 Battle Street

Compensation: Y Volunteer Individual Membership

Schedule: 1 hr. per week

Placement date: Ongoing

Job Description:

The Kamloops YMCA-YWCA is looking for Aquafitness Instructors to join our team! Under the supervision of the Director(s) of Aquatics & Health & Fitness, our Aquafitness instructors provide a welcoming environment to members and guests who make use of water based group fitness classes. Our Aquafitness Instructors lead a variety of water based classes including Hydrofit, Gentle fit and Shallow Shred. You must hold a current Aquafitness certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect, responsibility, and inclusivity in all aspects of the position. Must be reliable and welcoming to members.

Major Responsibilities and Abilities:

Aquafitness Instructors work one+ hour per week depending on desire and schedule, teaching water based group fitness classes. In exchange for one-hour per week of consistent volunteer teaching, you will receive a YMCA-YWCA Membership and invitation to our continuing education workshops to maintain certification credentials. We also offer Emergency First Aid Renewals free of charge to current volunteers. Active volunteers also receive an invite to our Annual Fall Fitness Retreat.

Building healthy communities

YMCA-YWCA

Volunteer Employment Opportunities



Participates in active communication with Director(s) of Aquatics & Health and Fitness, lifeguards and volunteers and with the general public.

Instructor displays strong interpersonal and communication skills.

Qualifications:

- YMCA Aquafitness Instructor Certification (or equivalent)
- CPR-C / First Aid or willingness to obtain
- Willingness to teach a variety of water based classes
- Provide three character/professional references
- Adhere to the YMCA-YWCA Child Protection Policies and Procedures
- A satisfactory criminal record check is completed through the Y prior to volunteer start date

Knowledge and Skills:

Aspire to make connections with members to keep them enthused in group fitness classes.

Be a team player that can work effectively in a diverse environment to deliver safe and fun group fitness classes.

Commitment to Health and Safety of members.

Application Process:

Resumes can be submitted in person or by email ongoing to:

Deb Twemlow
Fitness Coordinator
400 Battle Street
Kamloops, BC V2C 2L7
deb.twemlow@kamloopsy.ca

Please include resume and a photocopy of current first aid and fitness certificates. Please be advised that only those applicants selected for an interview will be contacted.

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