



**Kamloops  
Community  
YMCA-YWCA**

**YMCA  
Employment  
Opportunities**

**Health and Fitness**



*Opportunities to learn, lead, and grow.*

**GROUP FITNESS INSTRUCTOR**

**Location:** 400 Battle Street & 150 Wood Street

**Compensation:** Volunteer Y Membership

**Schedule:** 1 hr. + per week

**Placement date:** Ongoing

**Job Description:**

The Kamloops YMCA is looking for Group Fitness Instructors to join our team! Under the supervision of the Director (s) of Health & Fitness, our Group Fitness Instructors provide a welcoming environment to members and guests who make use of group fitness classes. Our Group Fitness Instructors lead a variety of classes depending on their certifications and specialties. Must hold a Group Fitness Certification in order to apply. He/she will exemplify the YMCA values of caring, honesty, respect and responsibility in all aspects of the position. Must be reliable and welcoming to new members attending our fitness classes.

**Major Responsibilities and Abilities:**

The Group Fitness Instructors will work one+ hour per week depending on desire and schedule, teaching group fitness style classes. We're always looking for cyclefit, bootcamp, yoga, senior based programs, Zumba and other teaching specialties to add to our line up of 100+ fitness classes per week between our two Y locations. In exchange for one-hour per week of consistent volunteering you receive a YMCA Membership and invitation to our quarterly Continuing Education Workshops to maintain Fitness CEC Credits. We offer our team CPR/First Aid Renewals and a great atmosphere to work out and be part of a fitness team. Active volunteers will be invited to our Annual Fitness Fall Education Retreat.

*Building healthy communities*

# YMCA/YWCA Employment Opportunities



Participates in active communication with Director(s) of Health and Fitness, staff and volunteers.

Applicant must work well with the public.

Strong interpersonal and communication skills.

## **Qualifications:**

YMCA or approved group fitness instructor certification

CPR/First Aid or willingness to renew

Able to teach group fitness classes

## **Knowledge and Skills:**

Inspire and make connections with fitness members to help keep them returning to group fitness classes.

Be a team player that can work effectively in a diverse environment to deliver safe and fun group fitness classes.

Commitment to Health and Safety of members.

## **Application Process:**

Resumes can be submitted in person or by email ongoing to:

Kassie Fowlie  
Director of Health & Fitness  
400 Battle Street  
Kamloops, BC V2C 2L7  
kfowlie@kamloopsy.org

Please include resume and a photocopy of current first aid and fitness certificates. Please be advised that only those applicants selected for an interview will be contacted.

*\* Please note that a criminal reference check will be submitted for review prior to starting employment.*

## *Building healthy communities*