

Starting Over

Start up baskets for the Y Women's Shelter

Kitchen Baskets

- Plastic wrap
- Aluminum Foil
- Medium Ziplock bags
- Sandwich and snack size bags
- Tea towels
- Dishcloths
- Kettle
- Dish drying pad
- Dish soap
- Scrubbies /dish brush
- Paper towel
- Salt and pepper
- Basic spices
- Cutting board
- Knives
- Measuring cups and spoons
- Vegetable peeler
- Cheese grater
- Kitchen utensils

Bathroom Basket

- Towels
- Facecloths
- Soap
- Shampoo
- Conditioner
- Bath mat and tub mat
- Shower curtain and hooks
- Toilet paper
- Plunger

Cleaning Basket

- Paper towels
- Disinfectant wipes
- Bathroom cleaner
- All purpose cleaner
- Vinegar and baking soda
- Broom and dust pan
- Mop and bucket
- Laundry soap
- Fabric softener sheets

If you put all the start up items in a bin or laundry basket then they have a reusable container! These lists are a guide line and can be modified as all items help women start over again!

