



Kamloops
Community
YMCA-YWCA

Swimming Lesson Conversion Chart

	YMCA Swim Program	Red Cross Swim Kids
Parent and Tot Swim Program		
1 to 3 years	Splashers	Starfish
1 to 3 years	Bubblers	Duck
Preschool Swim Lessons		
3 to 6 years	Bobbers	Sea Otter
3 to 6 years	Floaterers	Salamander
3 to 6 years	Gliders	Sunfish
3 to 6 years	Divers	Crocodile
3 to 6 years	Surfers	Whale
3 to 6 years	Jumpers	Whale
Learn to Swim Program		
5 to 12 years	Otters	Swim Kids 1
5 to 12 years	Seals	Swim Kids 2
5 to 12 years	Dolphins	Swim Kids 3 and 4
5 to 12 years	Swimmers	Swim Kids 5
Star Swim Program		
6 to 16 years	Star 1	Swim Kids 6
6 to 16 years	Star 2	Swim Kids 7
6 to 16 years	Star 3	Swim Kids 8
6 to 16 years	Star 4	Swim Kids 9
6 to 16 years	Star 5	Swim Kids 10
6 to 16 years	Star 6	Bronze Star
6 to 16 years	Star 7	Bronze Star
Specialty Programs		
7 to 18 years	The Y's Swim Club	
Adults Lessons	Beginner (Explorers) / Intermediate (Endurers) / Advanced (Competitors)	
10 to 16 years	Junior Lifeguards	