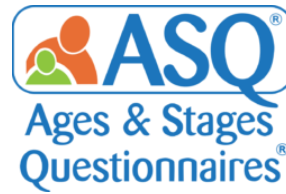


# Ages & Stages



For more information or to book your child's FREE Developmental Check-up, call the Kamloops Childcare Resource and Referral Office at (250) 376-4771. Staff can assist you in matching the correct ASQ and appropriate activity guide for your child.

The Ages & Stages Questionnaires® gather information about five areas of development:

1. Communication (ex. Am I talking to you? Am I hearing you?)
2. Gross motor skills (ex. Am I crawling, rolling over, trying to walk?)
3. Fine motor skills (ex. Can I use a crayon, pickup small objects?)
4. Problem solving (ex. Do I recognize myself in a mirror?)
5. Personal – social (ex. Can I feed myself?)

The **Ages & Stages Questionnaire® (ASQ)** is a developmental and social-emotional assessment tool. They are filled out by parents or caregivers and are scored by trained facilitators.

Professionals have used and trusted Ages & Stages Questionnaires for more than 15 years to help pinpoint childhood developmental delays as early as possible.

The first 5 years of life are critical developmental years. The sooner that a delay or disability is caught, the sooner the child can be connected with services and supports that make a real difference.

The benefits of completing Ages & Stages Questionnaires® on a regular basis include

- **Parents can watch their children grow and learn new skills**
  - **Parents will have a record of their child's development**
- **Parents will have a document they can share with their family physician or other care provider.**

Visit the **Ages & Stages Website** for more information:  
<https://agesandstages.com/about-asq/why-screening-matters/>