



Child/Youth Policy – Facility Usage

Children under 10 cannot be left unattended in any Y facility. They must be either attending a Y program, or under the direct supervision of a parent or adult guardian. If the child is under the age of 10 they must have a parent/guardian stay in the facility while they are swimming during a Public Swim time.

In the pool, **children under the age of 7** must be within arm’s reach of a responsible person 16 yrs or older, attired in swimwear. No more than 3 children, under the age of 7, per 1 adult/guardian.

Children 7-9 who are able to swim may be in the pool on their own, but their guardian must remain in the Y facility.

Children 10-11 are permitted in cardio and weight room and designated classes after participating in an orientation with a parent or guardian

Children 12 yrs and up can access the weight room after participating in an orientation.

	6 and under	7-9	10-11	12	13 and Up
Pool	Direct supervision required within arm’s reach of parents	Child can be unsupervised but parents must remain in the building	Child can be unsupervised. Parents can leave the building	Child can be unsupervised. Parents can leave the building	Teen can be unsupervised. Parents can leave the building
Cardio Room	Not allowed	Not allowed	Must complete orientation, then can participate with guardian	Must complete a orientation	Allowed
Weight Room	Not allowed	Not allowed	Must complete orientation, then can participate with guardian	Must complete a weight room orientation	Allowed
Classes	Not allowed, unless it’s a specific kids program for that age group	Not allowed, unless it’s a specific kids program for that age group	Must complete orientation, can participate with guardian in classes	Must complete a weight room orientation	Allowed

- If the child is in a registered/supervised Y program, parents/guardians may leave the building after signing their child in.
- If the child is in playcare, parents/guardians must remain in the facility and cannot leave the child in playcare for longer than 90 minutes.